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| Egg Shell Chia Pet |  |

For a cute Easter egg "Chia Pet"

1. Make a hole in each end of a raw egg with a needle, piercing all the way down to the yolk.
2. Turn the needle back and forth to gently swish the yolk and break it up.
3. Using a small drinking straw, blow air through one end of the egg until all the contents are out.
4. Carefully remove and discard the top quarter of the eggshell, then gently rinse the shell and let it dry.
5. Draw a face on the shell. Place three damp cotton balls inside and sprinkle a pinch of alfalfa seeds over the cotton.
6. Keep the cotton damp, and in two or three days the seeds will begin to sprout.
7. As the sprouts grow, kids can give their pet a "haircut."